#### **Student Activities Report**

#### March 2024

Below are the student organization reports submitted to Student Government for the month of February. – Destiny Otten

**Gun Enthusiasts**: Club members meet every other Wednesday and are finalizing their event schedule for the semester. Clay sport days will take place during spring break. A service project to clean up the Jewel Basin Shooting Range is expected to take place in April.

**Music Club**: The club meets once a month from 3:15-4:00 in the WCC Flex Room. Their first karaoke night took place in the student lounge with 6 students in attendance. One karaoke night is planned for each month.

**Chess & Games:** Planning meetings are held in the student lounge on Mondays at 10 am. A spring chess tournament is being planned. The club currently has 7 members.

**Genders & Sexualities Alliance:** Club meetings take place on Tuesdays at 3pm in the student lounge. At each meeting, they host a craft activity and play a game. Approximately 8 students participate in the activities.

**Intervarsity Christian Fellowship:** Planning meetings take place on Mondays at 3pm. Bible studies are held on Mondays and Tuesdays at 11:30 and 4:30 respectively. In February, several events took place like Pizza and Prayer, potluck night, and a game night.

**Phi Theta Kappa Honor Society:** Meetings take place on Wednesdays from 3-4 in LRC 102D. Currently, there are 110 members and FVCC Connect is utilized to communicate with all members. Planning is taking place for a pool tournament and a volunteer opportunity in March.

**Student Government:** Student Government meets every Monday from 12:30-1:30 in LRC 102D. Activities include purchasing new furniture for the student lounge and an additional pool table. Discussion has ensued regarding purchasing two massage chairs. Official office hours have been set for Tuesdays and Wednesdays from 1-2 pm.

## **Campus Recreation – Aly Wells**

Campus Recreation hosted basketball and volleyball intramurals, twice a week. The average attendance was 15 students per night. A staff vs students volleyball tournament was hosted on February 13<sup>th</sup> with 12 staff in attendance and 25 students. A Bob Ross Paint Night was hosted on February 22<sup>nd</sup> with 5 students in attendance. Two video game nights took place as well with an average of 3 in attendance.

The Furlong Smith Fitness Center received a total of 298 check-ins with Wednesdays being the busiest day of the week and 3pm-4pm being the most popular time.

## Student Wellness Team (SWT) - Aly Wells

The SWT hosted a Wellness Fair, bringing in 7 various community organizations that provided local wellness resources to students. There were over 30 students in attendance. Wellness Wednesday and Mindful Monday also took place in February with 25 students and 6 students in attendance.

# Student Engagement – Wendy Jeschke AmeriCorps – Parag Desai

In February, the second Student Leadership Retreat was held at Lone Pine State Park Community Center on Saturday the 24th from 8:30am-5pm. Emerging student leaders participated in several workshops focused on improving communications and building leadership skills.

Parag Desai, FVCC AmeriCorps member, hosted a workshop on "Emotional Intelligence," discussing ways in which emotional intelligence is used to effectively communicate with others. Difficult Conversations was led by Wendy Jeschke, Student Engagement Coordinator.

Aly Wells, Campus Recreation & Wellness Coordinator, led a workshop on "Taking Care of the Leader", discussing ways to practice self-care and how to prevent professional burnout.

Students participated in a Self-Efficacy workshop led Mandee Johnson, FVCC Mental Health Counselor. The day ended with everyone enjoying bowling at Grizzly Lanes in Bigfork.

The first film in our Multicultural Film & Food series was met with success. 10 students spent the night of February 14 watching a foreign film. Students were provided a corresponding themed dinner.

"Mocha Mondays" started in the student lounge in February. This is an opportunity to provide free hot drinks to students to chat with students and to start their week with some kindness in a cup. The tabling event provided drinks to 12 students.

Community Involvement continues its dedication to serving those with limited means by volunteering in the Community Kitchen program at Bethlehem Lutheran Church. Recruitment efforts included 1 student, 3 staff members, and 3 community members to serve a warm meal to 48 community members on Monday, February 25<sup>th</sup>.

During the month of February, the FVCC Food Pantry received 23 visits, served 35 individuals, and distributed 306.2 pounds of food. Through a new partnership with the Montana Food Bank Network, FVCC placed its first order to be delivered in early March. This partnership will help stretch existing food pantry funds by purchasing discounted food items from the network.

A Red Cross Blood Drive hosted on March 28<sup>th</sup> in the Arts and Technology building brought in 47 donors and collected 46 units of blood. At this event, Power Red donations were collected for the first time. Power Red is like a whole blood donation, except a special machine is used to allow you to safely donate two units of red blood cells during one donation while returning your plasma and platelets to you. We were successful in collecting 5 Power Red donations.

Volunteers were recruited for Continuing Education's Senior Institute Program. 8 students volunteered by serving a meal and assisting students to their classrooms.