



# CONTINUING EDUCATION

FLATHEAD VALLEY COMMUNITY COLLEGE



## FALL 2024

Discover a new hobby, master a new skill and explore your passions with over **160 classes and professional development programs**





Arts and Technology Building, Room 215 | Monday-Friday, 8am-5pm | 406.756.3832

## FVCC Fall 2024 Non-Credit Course Catalog

Register for classes today at  
**[fvcc.edu/ContinuingEducation](https://fvcc.edu/ContinuingEducation)**



Have questions about courses or how to register online?  
Call **406.756.3832**

All classes are held in-person at FVCC unless otherwise noted. Select classes are held at off-campus partner locations or online via Zoom.

### Registration & Policy Information

#### Non-Credit Registration

Registration for non-credit classes is ongoing throughout the semester.

- Register online at [fvcc.edu/ContinuingEducation](https://fvcc.edu/ContinuingEducation).
- Early registration is encouraged, as class size is limited.
- Payment is due at the time of registration.

#### General Information

- With instructor's permission, students under age 16 may register for adult non-credit classes.
- Continuing Education classes do not qualify for financial aid.
- All classes are held at FVCC unless noted.

#### Class Cancellations

- Classes that do not receive a minimum number of student enrollment may be cancelled.
- If a class cancels, you will be notified and a full refund will be processed.

#### Withdraw

If you are unable to attend a Continuing Education class or workshop for which you have registered, please call Continuing Education immediately to officially withdraw.

#### Refunds

- Cancellations received 14 calendar days prior to the start of a class or workshop will receive a full refund. Students must contact Continuing Education at 406.756.3832 or [ceinfo@fvcc.edu](mailto:ceinfo@fvcc.edu) to cancel and request the full refund.
- No refund is issued for cancellations received less than 14 calendar days prior to the start of the class or workshop.

#### Transfer

Requests to transfer from one class to another, made less than 14 calendar days prior to the start of the first class, may be subject to an additional fee.

# General Interest and Professional Development

## ACCOUNTING & FINANCE

### Accounting Fundamentals (Online Course)

Learn the basics of double-entry bookkeeping and how to analyze and record financial transactions. Get hands-on experience with handling accounts receivable, accounts payable, payroll procedures, sales taxes and various common banking activities.

**24 hours: 6 weeks instructor-led or 3 months self-paced \$129 Register at [ed2go.com/fvccc](http://ed2go.com/fvccc)**

### Unlocking Financial Statements

As a decision-maker for your organization, you have powerful tools in your balance sheet, income statement and cash flow. Refine your understanding about generally accepted accounting principles and how to scan any financial report to quickly notice pertinent numbers.

**Brien Kreps** 1 session  
Wed Oct 9 6-9pm \$49

### Cash-Flow Management

Would you like to know how to increase the balance in your business checking account? Learn how the decisions you make daily affect your cash flow and what decisions you can make to improve your cash flow.

**Brien Kreps** 1 session  
Wed Oct 16 6-8pm \$35

### Understanding the Basics of Stock Market Investing

Explore how portfolios are developed and how to make changes to suit your goals and objectives. Learn about stocks and bonds, mutual funds versus ETFs, risk and reward, how to assemble a portfolio, tax-free or tax deferred investment strategies, fund expenses and advisor fees, and measuring results. Bring your own laptop if you have one (not required).

**Ben Reppond** 2 sessions  
Mon/Wed Sep 23-25 6:30-8:30pm \$39

### Maximizing Your Social Security Benefits

Learn everything you need to know to maximize Social Security benefits for the primary worker and spouse. Understand the options available and learn about the optimal age to start taking Social Security, how divorce, widowhood, pension income, or Medicare affect your benefits, how benefits are taxed, strategies for minimizing taxes, and the required documents to claim benefits.

**Ben Reppond** 3 sessions  
Mon/Wed Oct 7-14 6:30-8:30pm \$54

## AGRICULTURE & ANIMALS

### Composting & Soil Health **NEW**

Join us for an introductory guide to creating high quality compost and understanding how soil health impacts your success in the garden.

**Dane Regan** 1 session  
Sat Sep 14 1-4pm \$44

### Crop Focus: Garlic **NEW**

This in depth course details how to plant, care for and harvest garlic.

**Dane Regan** 1 session  
Sat Oct 12 1-4pm \$44

### Fruit Trees 101 **NEW**

Learn about selecting and planting fruit trees in the Flathead Valley.

**Dane Regan** 1 session  
Sat Nov 2 1-4pm \$44

### Seed Saving from Your Garden

Save seeds from your garden and learn how to become self-sustaining. Discover how to take your heirloom and open pollinated seeds and save them to use again or donate to seed banks.

**Kathy Prim** 1 session  
Sat Oct 12 10am-12:30pm \$39



### Chickens & Eggs

This one-day class gives facts about chickens and eggs "gathered" from a lifetime of raising chickens. Find out the benefits and commitment of raising chickens. Learn about the aspects of economics, housing, feeding and equipment needed to start your own flock.

**Emy Amy** 1 session  
Sat Sep 14 10am-1pm \$34

### K-9 Wilderness Emergency Care

Designed for the Montana outdoor enthusiast who likes to share their outdoor adventures with their dog where access to veterinary care is delayed or communication is limited. This class focuses on K9 emergency medical assessment and immediate emergency field treatment. Learn the necessary emergency first aid and CPR treatments for injuries trap and snare removal and illnesses common in the Montana outdoors and how to make appropriate evacuation decisions.

**Racheal Vargas** 1 session  
Sat Nov 9 9am-5:30pm \$144



### Pet First Aid, CPR & Disaster Response

Learn the basic skills for saving your pet's life in an emergency. Identify and prevent pet emergencies and recognize normal and abnormal vital signs. Discuss how to care for pets, plan for the outdoors and travel, and how best to handle disaster and response. Also includes trap and snare release.

**Racheal Vargas** 1 session  
Thu Nov 14 10am-2pm \$74

### Why Does My Dog Do That?

Learn from latest discoveries in applied ethology (animal behavior), neuroscience, and advances in medical imaging technology to explore why our beloved pets do what they do. Bring your own perplexing pet behavior stories to share and practice identifying the underlying motives and mechanisms of canine behavior, as well as evidence-based resources for lower stress, positive-reinforcement behavioral adjustment.

**Elise Poston** 2 sessions  
Tue Sep 10-17 6-7:30pm \$34  
Sat Oct 19-26 1-2:30pm \$34

### Applied Animal Behavior **NEW**

Learn about evidence-based models and tools to create safe and productive interspecies interactions in your daily lives. Explore a range of wild and domestic animal species interactions. Although class builds on the fundamentals of animal cognition and behavior from "Why Does My Dog Do That?", there are no prerequisites.

**Elise Poston** 3 sessions  
Tue Sep 24-Oct 8 6-7pm \$34  
Tue Oct 29-Nov 12 6-7pm \$34

## ARTS

### Beginning Portrait & Head Drawing

Create beautiful portraits of men, women and children using basic tools. Explore different styles from modern representational art to photo realism using both live models and photos as references. Work on your own subjects during the week and discover the satisfaction of capturing human emotions through your artwork. Students need to provide their own supplies.

**Steve Miller** 6 sessions  
**Thu Sep 12-Oct 17 6-9pm** \$189

### Watercolor Magic

Learn the basic techniques of watercolor painting and create a painting every week. Explore a variety of methods to enhance your paintings and let your creativity flow. The last class is devoted to creating a final painting encompassing the techniques learned in previous weeks.

**Dana Fraley** 8 sessions  
**Tue Sep 24-Nov 12 6-8pm** \$139

### Acrylic Plein Air Painting

Learn landscape painting with acrylic paint and some of the most beautiful scenery to be found in Montana. Students need to provide their own supplies.

**Jill Kanewischer** 4 sessions  
**Fri Sep 27-Oct 18 2-5pm** \$89

### Mixed Media Collage

Under the guidance of a contemporary narrative collage artist, explore a series of projects designed to boost creativity, teach techniques while helping you create a variety of mixed media collages. Students need to provide their own supplies. Class meets every other Saturday; Sep 28, Oct 12, Oct 26 and Nov 9.

**Jill Kanewischer** 4 sessions  
**Sat Sep 28-Nov 9 9am-12pm** \$89

### Color, Composition & Collage

Learn about the principles of composition and ways to use color in your artwork. Complete a collage project each week focusing on using the color wheel and composition principles that demonstrate how color and composition enhance art. Students need to provide their own supplies.

**Jill Kanewischer** 6 sessions  
**Mon Sep 30-Nov 4 2-5pm** \$139

### Introduction to Relief Printing

Learn the foundations of relief block printing including technique, composition, tools and materials. Begin with creating your design and then move into carving, inking, printing and editing your work. No experience required; all levels welcome.

**Jackie Rubino** 2 sessions  
**Fri/Sat Oct 25-26**  
**5:30-8:30pm/9:30am-4:30pm** \$109

## AVIATION



Photo Credit: Red Eagle Aviation

### Fixed-Wing Private Pilot Ground Course

Gain the essential knowledge to embark on your piloting journey with our comprehensive ground course. Designed to prepare you for the Private Pilot Certificate exam, this course covers all the necessary ground school material. Whether your passion lies in fixed-wing or helicopter aviation, this course provides a strong foundation. Course highlights include required textbooks, study tools, and a 45-minute introductory flight to experience the thrill of aviation firsthand. Note: The FAA Knowledge Test fee and flight training are not included.

**Red Eagle Aviation** 10 sessions  
**Tue Sep 10-Nov 12 6:30-9pm** \$499

### Fixed-Wing Instrument Ground Course

Master the art of instrument flying with our in-depth ground course. This course is your gateway to the Instrument rating, equipping you with the knowledge and skills to navigate safely in instrument meteorological conditions (IMC). Explore topics such as basic instrument flying, flight instruments, IFR regulations, procedures, charts, and flight planning. Enhance your learning with a 45-minute instrument flight to apply what you've learned in the real world. Note: The FAA Knowledge Test fee and flight training are not included.

**Red Eagle Aviation** 10 sessions  
**Thu Sep 12-Nov 14 6:30-9pm** \$499

## BRIDGE, HANDICRAFTS & HOBBIES

### Beginning Bridge I

Learn to start playing bridge for the first time. Or have you played party bridge and want to learn duplicate bridge or just want to improve your bidding and playing? Then this class is for you.

**Cathy Barbouletos** 8 sessions  
**Tue/Thu Sep 3-26 5-7pm** \$99

### Beginning Bridge II

Do you want to improve your bidding, playing and defensive skills? Learn to play bridge with confidence.

**Cathy Barbouletos** 10 sessions  
**Tue/Thu Oct 1-31 5-7pm** \$129

### Beginning Bridge III

You've learned all the basics, now learn a few of the conventions to complete a successful game. This class meets at the Flathead Valley Bridge Center.

**Cathy Barbouletos** 8 sessions  
**Sat Sep 7-Oct 26 10am-12pm** \$99

### Two Over One "2/1" Bridge NEW

When you have mastered Standard American Bridge (Beginning Bridge I, II, III) then move to a more precise bidding system.

**Cathy Barbouletos** 10 sessions  
**Wed Sep 4-Nov 6 2-4pm** \$129



### Beginning Crochet

Learn about yarn, needles, pattern reading and the basic stitches and textures needed to create simple to intermediate projects. Bring a pattern if you have one, metal hook sizes G, H, I and J, one skein of acrylic worsted yarn, ruler or gauge guide and small scissors. Class includes practice yarn, yarn needle, "fun yarns" to try, and guidebook/pattern sample.

**Jan Shanahan** 1 session  
**Sat Sep 28 10am-3pm** \$69

**Hand Embroidery with a Contemporary Twist**

Fall and winter months are the perfect time to begin your embroidery journey! Learn how to use embroidery thread to make the right size stitches, transfer designs to your surface and be creative in choosing stitches. Needles, thread, fabric choices, and an instruction booklet will be provided. If you have an embroidery kit or design, bring it to class to get started. Plenty of time to learn and work on projects or gifts.

**Jan Shanahan** 1 session  
**Sat Oct 12** 10am-3pm \$69

**Basics & Beyond of Crazy Quilting**

For beginning and next-level fabric crafters who want to learn about the eclectic form and technique of handwork and quilt projects. Materials and stitch book provided to help guide you through developing your own design. Learn 10-15 crazy quilt stitches, how to add embellishments, and how to meticulously plan your design for a stylish, haphazard look.

**Jan Shanahan** 1 session  
**Sat Oct 26** 10am-3pm \$69

**Pine Needle Basketry**

With a few basic supplies and some guidance, learn this traditional art and a variety of techniques to create one or two lovely pine needle baskets. Learn how to prepare the pine needles and create the pine needle coils to stitch together to form a basket. Bring a lunch.

**Susan Wagner** 2 sessions  
**Sat Nov 2-9** 9:30am-2:30pm \$89

**Cricut Basics**

Learn the basics of making custom Cricut projects. You will learn how to use a Cricut cutting machine, heat press, and mug press by designing and making custom stickers, t-shirts, and mugs. Please bring a cotton-blend t-shirt for the second session. All other supplies will be provided.

**Katie Eberhardy** 3 sessions  
**Tue Oct 1-15** 3-5pm \$74

**Resin Basics**

Learn the basics of mixing and pouring resin into various molds to create your resin design. All supplies provided.

**Katie Eberhardy** 1 session  
**Tue Sep 24** 5-6:30pm \$34  
**Tue Nov 26** 5-6:30pm \$34

**The Basics of Mending & Altering Clothes** NEW

Learn the basics and different methods of mending and altering clothing. All supplies provided, but bring any clothing that needs to be mended or altered.

**Katie Eberhardy** 1 session  
**Fri Oct 18** 12:30-4:30pm \$49

**T-Shirt Quilts**

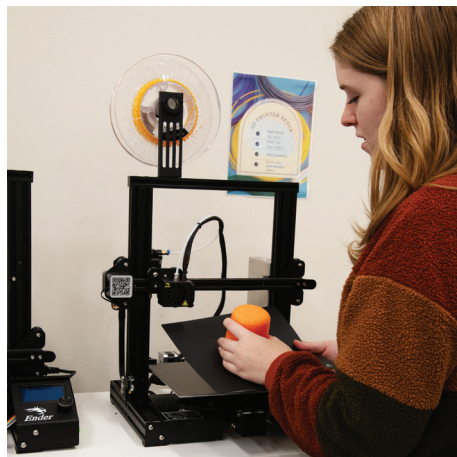
Learn the basics of sewing by upcycling old t-shirts into a quilt. Please bring 48 cotton-blend t-shirts. If you can't acquire that many, bring what you have and we'll brainstorm. Please also bring enough additional fabric to cover a 72"x96" area. All other supplies provided.

**Katie Eberhardy** 2 sessions  
**Fri/Sat Oct 11-12** 9:30am-3pm \$99

**3D Printing Basics**

Learn the basics of 3D printing including how to navigate software (Ultimaker Cura), edit and slice your file and prepare the project for printing. Discuss hardware maintenance, best practices for printing and more! All supplies provided.

**Katie Eberhardy** 2 sessions  
**Tue Oct 22-29** 3-5pm \$59

**Custom Journals** NEW

Learn the basics of papermaking and bookbinding by creating a custom journal. Please bring an old cereal box or similar type of cardboard box. All other supplies provided.

**Katie Eberhardy** 3 sessions  
**Tue Nov 5-19** 4-6pm \$69

**Register online today!**

[fvcc.edu/ContinuingEducation](http://fvcc.edu/ContinuingEducation)

**BUSINESS DEVELOPMENT****Job Service**  
KALISPELL

Business education seminars are free to attend and feature subject matter experts facilitating informative discussions. Learn something new, ask questions of the professionals and network with peers.

Learn to:

- make better decisions quickly
- engage and energize your employees
- exchange ideas, insights and real-world solutions that directly impact your bottom line
- utilize all available resources to operate and grow your business

On site at Job Service Kalispell or on Zoom. Call 406.758.6200 to be added to the notification list.

**Do Business in Montana Seminar Series**

Monthly, Sep-Dec, FREE In-person at Montana West Economic Development, 44 2nd Ave W, Kalispell, MT 59901

Learn from local experts in Montana West's free monthly seminar series



for businesses. Whether you are an entrepreneur in the startup phase, looking to expand your existing operations, or considering selling the business you've spent a lifetime building, come for the resources and information you need. Register at [dobusinessinmontana.com/seminars](http://dobusinessinmontana.com/seminars)

**Small Business Development Center**

Business counseling, marketing, financial projections, startup assistance and more—free of charge.



- Start a New Business—Turn your business idea into reality.
- Business Finance Assistance—Understand your finances and increase your profits.
- Business Plans—Get help writing your business plan.

Schedule online at [sbdc.mt.gov/kalispell](http://sbdc.mt.gov/kalispell) or contact Rob Driscoll, Kalispell SBDC Director, at 406.609.9496 or [rdriscoll@fvcc.edu](mailto:rdriscoll@fvcc.edu).

The Montana SBDC Network offers a wide variety of trainings and workshops for small businesses in all phases of business development from start-ups to those looking at growth and expansion. Scan here for a list of popular trainings offered in the SBDC Network. SBA's online learning programs are designed to empower and educate small business owners. Visit [learn.sba.gov](http://learn.sba.gov) to learn more.



## COMMUNICATION & CUSTOMER SERVICE

### Conflict Resolution Through Effective Communication

This course offers a creative resolution process that acknowledges emotional and power issues can be used to resolve miscommunication and conflict. You will learn how a diversity of thought within a team can lead to creative communication, team unity, increased productivity and positive change. This session encourages the sharing of individual points of view and cooperatively developing solutions.

**Gerri King** 1 session  
**Mon Sep 16** 1-4pm \$49

### Creating a Blame-Free & Gossip-Free Environment

The course will share how you can reap the benefits of a workplace where fear, worry, resentment and suspicion are absent and constructive conversations flow with productivity and motivation. You will explore strategies to foster an environment that is both blame-free, so others are willing to own up to mistakes and take responsibility when something goes wrong. Learn how to cultivate a gossip-free environment so people talk to each other rather than about each other.

**Gerri King** 1 session  
**Tue Sep 17** 1-4pm \$49

### Effective Decision-Making & Problem-Solving NEW

Solving problems and coming to conclusions are certainly challenging, but if approached creatively, an effective process can strengthen teams, build confidence, increase buy-in and improve productivity. Learn specific problem-solving models and how to approach decision-making in an inviting and inclusive manner.

**Gerri King** 1 session  
**Thu Sep 19** 1-4pm \$49

### Presentation Skills: Speak With No Fear

Channel your fears of speaking to a group into positive energy that captures your audience's attention. Learn influence skills to connect with your audience and win support for your ideas. Close with impact and respond to questions calmly and confidently.

**Phil Quigley** 1 session  
**Wed Oct 9** 9am-12pm \$49

### Next Level Customer Service Toolkit

Take your customer service to the next level, confront conflict with confidence and help your team stay motivated in tough times. Learn powerful customer service techniques. Bring your most challenging situations!

**Lisa Jones** 4 sessions  
**Tue/Thu Oct 15-24** 2:30-4:30pm \$125

### Generous Listening: Building Lasting Relationships

Build robust listening skills to create empathy, understanding and build support in your conversations and as you present your ideas. Use these skills to help you deliver your messages – even tough ones – more effectively as you work to keep those around you informed, productive and inspired.

**Phil Quigley** 1 session  
**Wed Nov 6** 9-11am \$35

### Dealing Effectively with Difficult People

Equip yourself with tools for getting along with demanding people when stakes are high by recognizing and understanding four primary communications styles.

**Phil Quigley** 1 session  
**Wed Nov 20** 9-11am \$35

## COMPUTERS, MEDIA & TECHNOLOGY

### Windows 10 Features

Learn the basics of the Windows 10 operating system including the Edge browser, task view and Snap Assist for windows management. Customize your workspace, manage user accounts, and familiarize yourself with the Windows voice controlled assistant, Cortana.

**Shannon Hanson** 1 session  
**Mon Sep 23** 1-4pm \$69

### Becoming Tech Savvy

Learn at a relaxed pace with a compatible group of beginning computer users. Gain a fundamental understanding of how computers operate, creating and managing computer files, writing letters and emails, using the internet, and navigating Windows 10 and Office 365.

**Amelia Ward** 5 sessions  
**Mon/Wed Oct 7-21** 5:30-7:30pm \$139

### Start & Grow Your YouTube Channel

Learn the essentials to be successful with your own YouTube channel – realities, niche, channel name, camera and sound options, editing, dashboard and analytics. Walk away with tips for growing your channel.

**Chris Tempel** 3 sessions  
**Thu Oct 10-24** 6-8pm \$84

### Introduction to Video Editing

Editing is an art form and the most important part of the video creation process. Learn how to take raw footage, stills and music, and then make a finished video to share with peers, family and friends.

**Chris Tempel** 3 sessions  
**Thu Nov 7-21** 6-8pm \$84



### MICROSOFT OFFICE

Learn to produce functional and professional documents and spreadsheets with guidance from an industry expert. Classes taught on Office 365. Classroom or Zoom seats available. Instructed by Allison McCarthy  
**Each session is 1-4pm and \$69.**

#### Excel Level I

Explore the basics of spreadsheet functions. Learn shortcuts to assist in data entry, how to create formulas, and basic formatting. *Prerequisite: experience with basic Windows functions.*

**Tue Sep 24 (Zoom Option)**  
**Tue Oct 22 (Zoom Option)**

#### Excel Level II

Learn to manage an Excel workbook including data organization, cross-sheet formulas and working with multi-sheet books. Walk away with tips and tricks to speed up your layout, linking, formatting and printing. *Prerequisite: Excel Level I or some knowledge of Excel.*

**Tue Oct 1 (Zoom Option)**  
**Thu Oct 24 (Zoom Option)**

#### Excel Level III

Learn to create and format line, column and pie charts. Build complex formulas, use the sorting and filtering functions in list management and learn about trend lines. *Prerequisite: Excel Level I and Excel Level II.*

**Tue Oct 29 (Zoom Option)**

#### Excel Level IV

Learn to use advanced filtering to build accurate, duplicate-free lists that you can then send to a separate file for emailing. Combine the power of pivot tables with accurate lists to create summary level reports. *Prerequisite: Excel Level III.*

**Thu Oct 31 (Zoom Option)**

### Microsoft Word: A Powerful Tool With Hidden Features

Reduce your time, effort and energy by leveraging the most popular word processing program in the world. Learn your way around the normal template, keyboard techniques, formatting, the clipboard, indentations, lists and inserting photos. Taught on Office 365.

**Allison McCarthy** 2 sessions  
**Tue Oct 8-15 (Zoom Option)** \$129

**QuickBooks Online (Online Course)**

The introduction course focuses on key features of QuickBooks Online like creating invoices, receipts, and statements; tracking payables, inventory, and receivables; generating reports; and more. The intermediate course shows how to set up accounts for different types of businesses, enter budgets, and how to track situations in which the owner uses or invests company funds.

**24 or 48 hours / 6 or 12 weeks - \$139 each or \$250 for both Register at [ed2go.com/fvccce](http://ed2go.com/fvccce)**

**WordPress: Easy Website Design**

WordPress is the easiest and most powerful blogging and website builder in existence today. Learn how to set up an entire website with WordPress. No programming skills needed. Recommended prerequisite: Resizing Images for Print & Web - see page 14.

**Shannon Hanson** 3 sessions  
**Wed Sep 25-Oct 9** 1-5pm \$159

**Advanced WordPress Web Design**

Designed for those responsible for the administration of a WordPress website or who just want a deeper understanding of how it works-learn about themes, plugins, installation and registration as well as backing up your site and moving to a new host.

**Shannon Hanson** 3 sessions  
**Wed Nov 6-20** 1-5pm \$159

**Google Suite**

Google Suite contains numerous applications to help us function in our high tech world. Learn about Gmail, Sheets (spreadsheets), Docs (word documents), Slides (slide presentation), and Meet (video conferencing). Create each one while learning the ins and outs of using Google.

**Shannon Hanson** 2 sessions  
**Thu Nov 7-14** 1-5pm \$120

**Scrivener Writing Software** - See page 15.

**DANCE, FITNESS & HEALTHY LIVING****Jitterbug (Single Step Swing)**

The jitterbug, an upbeat form of swing dancing, is associated with various dances such as the Lindy Hop, jive and East Coast Swing. Danced to all types of music and in all dance venues and bars, the Jitterbug is a must-have in your dance repertoire.

**Tom Reynolds** 5 sessions  
**Mon/Wed Sep 30-Oct 14** 6-7:30pm \$55  
**Mon/Wed Nov 11-25** 6-7:30pm \$55

**American Waltz**

Considered by some as the "mother of present-day dances" of the ballroom, the waltz is the basis for many dances. Learn the steps of this smooth dance that is all about gliding in a lively manner, characterized by its rise and fall action.

**Tom Reynolds** 5 sessions  
**Mon/Wed Sep 30-Oct 14** 7:35-9:05pm \$55

**Nightclub Two Step**

Learn the versatile nightclub two step, a partner dance originally developed for dancing to slower music. Enthusiastic instructors teach how to move in the "box" and move smoothly so you can dance confidently to most songs in any venue.

**Tom Reynolds** 5 sessions  
**Mon/Wed Nov 11-25** 7:35-9:05pm \$55

**Irish Jigs** NEW

Discover the fun of Irish jigs. Learn individual and group jigs. No prior experience needed to learn the steps of this lively folk dance. Make friends and have fun learning Irish jigs.

**Crystal MacInnes** 6 sessions  
**Tue Sep 17-Oct 22** 6:45-7:45pm \$64

**Irish Ceili Dance**

Learn several Irish Ceilis (party dances). These fun dances are easy to learn and fun to dance at parties or events. You do not need to have a partner for this class.

**Crystal MacInnes** 6 sessions  
**Mon Oct 14-Nov 18** 6:45-7:45pm \$64

**Every Body Yoga**

Learn yoga fundamentals with this 10-week Hatha yoga class. Begin with a core sequence of poses, each one taught progressively to maximize the individuality of every student. Then in the following weeks, more challenging poses are added to the base sequence. Perfect for students of all ages and levels; you'll feel the difference in your strength, flexibility, balance and focus by the end of the class.

**Sheena Istre** 10 sessions  
**Thu Sep 5-Nov 7** 7:30-8:30am \$89

**Focused Yoga: Back & Shoulders**

Relieve tension and improve flexibility in your back and shoulders with this specialized yoga class designed for those who spend extended periods of time seated at a desk. Through gentle stretches and mindful movements, counteract the effects of prolonged sitting, alleviate muscle tightness and enhance your overall range of motion.

**Sheena Istre** 10 sessions  
**Fri Sep 6-Nov 8** 8-9am \$89

**Yoga for Health: Introduction to Yoga Therapeutics** NEW

Expand your understanding and experience of yoga while improving balance, building strength and developing ease of movement. Each class provides a core sequence of simple, yet powerful tools to promote good health. Open to anyone familiar with yoga interested in exploring and deepening their practice.

**Joan Schmidt** 4 sessions  
**Tue Oct 22-Nov 12** 3-4:30pm \$64

**Chair Yoga**

Join us for gentle chair yoga designed for seniors, people with issues which prevent getting up/down from the floor and for those looking for a yoga workout without equipment. Class includes safe strengthening, flexibility techniques, ideas for short yoga breaks for those sitting at a desk all day as well as breathing tips to increase your endurance and focus.

**Linda Miller** 6 sessions  
**Tue Sep 24-Oct 29** 10-11am \$64  
**Tue Nov 5-Dec 10** 10-11am \$64

**Register online today!**

[fvcc.edu/ContinuingEducation](http://fvcc.edu/ContinuingEducation)

**Pilates for Every Body**

Pilates is a system of controlled movements designed to build strength, flexibility and endurance. Focusing on the core of the body, the practice emphasizes alignment, breathing and control. Classes focus on moving the body in all planes of motion to increase mobility and using body weight to strengthen and tone.

**Emily Jense** 8 sessions  
Tue Sep 10-Oct 29 5:20-6:20pm \$79

**Beginning Zumba**

Get your heart pumping and your face smiling as you dance your way to fitness. This is a fun interval workout with cardio and Latin inspired dance and a combination of fast and slow rhythms. No class on 9/28.

**Caitlin Amy** 6 sessions  
Sat Sep 14-Oct 26 10-11am \$59

**Oula One**

Oula One is a heart-based, musically-inspired yoga dance fusion class. Each session is done barefoot on the mat, with no jumping or impact. Journey through spinal warming and activation, balancing and strengthening, core work, stretching and relaxation. Join us to rejuvenate mind, body and soul.

**Donna Bryant** 7 sessions  
Mon Sep 9-Oct 21 5:30-6:30pm \$74  
Mon Oct 28-Dec 9 5:30-6:30pm \$74

**UPLIFT™ NEW**

UPLIFT™ is a full-body workout that combines traditional strength moves with iconic music and some booty-shaking fun to create a unique fitness experience. Classes feature engaging playlists, high energy and measurable results using a combination of free weights, bands, balance and mat work to build muscular strength and endurance.

**Donna Bryant** 6 sessions  
Thu Sep 12-Oct 17 5:30-6:30pm \$64

**SHiNE Dance Fitness™**

SHiNE Dance Fitness™ brings original routines to life using hit music and choreography for all abilities. Rooted in jazz, ballet and hip-hop, this workout gives you a creative outlet and is the perfect balance of cardio and toning to ensure you receive a full-body workout. No class 11/28.

**Donna Bryant** 7 sessions  
Thu Oct 24-Dec 12 5:30-6:30pm \$74

**Introduction to Forest Bathing (shinrin-yoku)**

Forest bathing, also known as shinrin-yoku and forest therapy, offers a new way to experience nature for health and well-being with positive physiological and psychological benefits. Learn how to slow down and focus your senses on the natural world to help address daily stresses. Discover this easy, simple and fun practice you can do anytime and anywhere.

**Ellen Horowitz** 1 sessions  
Wed Sep 11 11am-1:30pm \$34  
Thu Sep 26 11am-1:30pm \$34  
Wed Oct 9 11am-1:30pm \$34

**Basic Massage**

Learn the science and art of basic massage from a professional massage therapist with 50 years of experience. This course enables you to give and receive relaxing massages to the head, neck, arms, hands, feet, legs and back. Class attendance is important as skills and information build on each session. No class 11/27.

**Bill Hunger** 7 sessions  
Wed Oct 16-Dec 4 7-9pm \$99

**The Art of Change NEW**

Human brains prefer routines and consistency, so change can be hard. Learn about the basics of neuroplasticity and how to set yourself up for success in making the change you've been considering. By understanding values, accountability, self compassion and the stages of change, learn to set realistic and achievable goals.

**Kim Crawford** 5 sessions  
Tue Oct 1-29 6:30-8pm \$64

**EDUCATION****Biotech Bootcamp for Teachers: Microscopy & Electrophoresis**

Explore two important microbiology and biotechnology techniques using Foldscope microscopes and agarose electrophoresis. Gain hands-on practice with inexpensive and portable microscopes and learn how to DIY and build electrophoresis equipment. District 5 PIR credit or OPI Renewal Units are available. Hosted by FVCC and funded by the Bio-Rad Explorers Community.

**Ruth Wrightsman** 1 session  
Sat Oct 5 9am-2pm \$20

**Genealogy: A Tool for Empowering Our Students NEW**

The American Ancestor team of teachers and genealogists developed a unique National Family History Curriculum intended for classroom teachers and homeschool educators. Learn how to encourage students of all backgrounds or family configurations to develop critical research and thinking skills in a fun and engaging way through activities, games, personal research and a final project. Each lesson incorporates genealogical procedures with inclusive strategies for students of all grade levels. OPI Renewal Units available.

**Diane Denney and Susie Hill** 3 sessions  
Thu Oct 3-10 6:30-9pm  
and Thu Oct 17 8:30am-4:30pm \$39

**American Sign Language** - see page 10.

**FILM****Ireland Thru Film**

In recent decades, filmmakers have delved deeply in Irish history and culture to create beautiful stories and make unique contributions to global cinema. Join us as we view and discuss a variety of Irish films: drama, comedy, history, myth and legend.

**Jon Hatch** 3 sessions  
Tue Nov 5-19 2-5pm \$39

**Stop Motion & LEGO® Movies NEW**

LEGOs just aren't just for kids anymore, adults now play too! Learn how to take your LEGOs or other objects and bring them to life with stop motion using free software! Look briefly at the history of stop motion and brickfilms, then jump straight into animating. In the second class, we can look at editing the movies with music and sound, as well as some advanced stop motion techniques.

**Chris Tempel** 2 sessions  
Thu Sep 19-26 6-8pm \$34

**Register online today!**

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## FOOD & WINE

### Basics of Home Canning

Stock your pantry with home-canned foods after you learn a practical hands-on method using the water bath method. Good for most fruits, jam, salsa and pickles. Learn tips and techniques for canning your garden tomatoes.

**Emy Amy** 1 session  
**Sat Sep 21** 10am-2pm \$69

### Preserving Jams & Jellies

Learn basic techniques to can and preserve jams and jellies. These jewel-toned beauties not only make wonderful homemade treats for your family, but also make tasty gifts. Basic canning knowledge is helpful.

**Emy Amy** 1 session  
**Sat Sep 28** 10am-1:30pm \$64

### Simple Butter & Cheese

Learn to make creamy hand-churned butter and fresh mozzarella cheese in this fun and engaging class. Become familiar with the history and equipment used in making butter and cheese as you step back in time to learn the old skills of the trade. By adding new twists to accommodate today's busy lifestyle, add these delicious homemade staples to your kitchen.

**Emy Amy** 1 session  
**Sat Oct 5** 10am-1:30pm \$64

### Basic Bread Making

Any time is a great time to bake bread. Learn tips and techniques for making a variety of breads. Topics covered include bread, cinnamon rolls, biscuits (2 types) and English muffins.

**Emy Amy** 1 session  
**Sat Oct 12** 10am-1:30pm \$64

### Sausage Making **NEW**

Appreciate the satisfaction that comes from making homemade sausages. In this hands-on class, learn to make a breakfast-style sausage and a brat-style sausage, and then take home samples.

**Emy Amy** 1 session  
**Sat Oct 19** 10am-1:30pm \$79

### Soups, Stews & Chowders

Warm up the cold weather seasons with everyone's favorite one-pot comfort food. Learn to make a variety of healthy and economical soups perfect for dinners of any size.

**Emy Amy** 1 session  
**Sat Oct 26** 10am-1:30pm \$64

### Comfort Food Cooking

Say goodbye to last-minute runs to the grocery store. Make delicious comfort foods from common items found in your kitchen. You will be amazed at what you can make from everyday items found in your pantry. Bring your apron and appetite to this fun, hands-on class.

**Emy Amy** 1 session  
**Sat Nov 2** 10am-1:30pm \$64



### PIES! Sweet & Savory

Making your own pies from scratch is both rewarding and delicious. In this hands-on class, learn tips and tricks to make pie crust and filling.

**Emy Amy** 1 session  
**Sat Nov 9** 10am-1:30pm \$64

### Mayku® Chocolates

Learn the basics of using a Mayku mold maker by creating a custom chocolate mold. All supplies provided.

**Katie Eberhardy** 1 session  
**Fri Oct 25** 3-4:30pm \$34  
**Tue Dec 3** 5-6:30pm \$34

### Finding Your Cup of Tea

Experience the rainbow of colors, tastes and scents of different kinds of tea. Learn how to brew for consistent flavor and appreciate various teas. Bring a teacup to sample different types of loose-leaf teas.

**Shane Braverman** 1 session  
**Sat Oct 19** 10:30am-12:30pm \$39  
**Sat Nov 9** 10:30am-12:30pm \$39

### Japanese Traditional Cuisine: Gyoza (Potstickers) & Suratan Soup

Learn to make one of Japan's most popular, crowd-pleasing appetizers and a spicy soy dipping sauce. Key ingredients include ground pork, minced cabbage, green onion and garlic placed in a flour wrapper. Also learn to make suratan soup to enjoy with gyoza.

**Yoshimi Yamamoto-Derks** 1 session  
**Wed Oct 9** 5:30-8:30pm \$64

### Japanese Traditional Cuisine: Shumai and Suratan Soup

Learn how to make Shumai, one of Japan's popular appetizers. This dish is typically made with ground pork, finely chopped onion and flavored with seasonings, enclosed in a wonton wrapper, topped with green pea and dipped in sauce. Also learn how to make Suratan soup.

**Yoshimi Yamamoto-Derks** 1 session  
**Thu Oct 17** 5:30-8:30pm \$64

### Japanese Traditional Cuisine: Ramen & Chashu

Learn to make delicious ramen, a Japanese staple, consisting of a meaty broth, noodles (Chuka-men) and several toppings. Also make ramen's most popular topping, "Chashu," a pork belly braised in a sweet and savory soy sauce base and ramen eggs.

**Yoshimi Yamamoto-Derks** 1 session  
**Wed Oct 30** 5:30-8:30pm \$64

### Wine Workshops

All wine workshops are presented by Raymond Dickinson, owner of Brix Bottleshop. Must be 21 or older to attend. Workshop prices vary based on specialty wines. **All workshops are 1 session each and meet on Wednesdays from 6-8pm.**

	Wine 101	Sep 11	\$69
<b>NEW</b>	Exploration of Chenin Blanc	Sep 25	\$74
	Understanding Blind Tasting and Evaluation	Oct 2	\$69
<b>NEW</b>	Exploration of Old Vine Reds from Around the World	Oct 16	\$79
<b>NEW</b>	Exploration of Cabernet Franc	Oct 23	\$79
	Exploration of Pinot Noir	Nov 6	\$79
<b>NEW</b>	Wines of Northern Rhone, France	Nov 13	\$79
<b>NEW</b>	Wines of Sicily, Italy	Nov 20	\$79
<b>NEW</b>	Wines of Paso Robles, California	Dec 4	\$79
	Celebration of Sparkling Wine, Champagne and All Things Fizzy	Dec 11	\$79



# CREATE YOUR FUTURE WITH A CERTIFICATE OR DEGREE



Did you know Flathead and Lincoln County graduates are eligible to receive discounted or FREE tuition at FVCC?

Senior Citizen residents of Flathead and Lincoln Counties are eligible for discounted tuition.

**\$ Over \$1 million in scholarships awarded each year \$**



# 80+

degree programs  
and certificates

# 50+

career and  
technical programs  
Train here and move directly  
into the workforce

## CUSTOMIZABLE TRANSFER TRACKS

Save money by starting at FVCC and  
transferring to complete your education

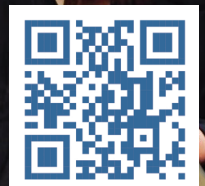
Accounting  
Agriculture  
Art  
Biology  
Biotechnology  
Business  
CDL Training  
Chemistry  
CNA Course  
Communications  
Computer Science  
Criminal Justice  
Culinary Arts and Catering  
Early Childhood Education  
Earth Science  
Economics  
Electrical Apprentice  
Electrical Technology  
Electronics Technician  
Elementary Education  
EMT Course  
Engineering  
English  
Entrepreneurship  
Environmental Biology  
Environmental Science  
Firearms Technologies  
Forensic Science

Forestry  
Geography  
Geology  
Goldsmithing and  
3D Jewelry Design  
Graphic Design  
Health and Human Performance  
Heavy Equipment Operator  
History  
HVAC Apprentice  
Industrial Machine Technology  
IT and Security  
Liberal Studies  
Mathematics  
Medical Assistant  
Medical Coding  
Medical Laboratory Technology  
Music  
Natural Resources Conservation  
and Management  
Nondestructive Testing  
Nursing  
Paramedicine  
Parks, Tourism and  
Recreation Management  
Phlebotomy Courses  
Physical Therapist Assistant

Physics  
Pre-Dental  
Pre-Dental Hygiene  
Pre-Medicine  
Pre-Nursing  
Pre-Pharmacy  
Pre-Physical Therapy  
Pre-Social Work  
Pre-Veterinary Medicine  
Programming and Game  
Development  
Psychology  
Radiologic Technology  
Secondary Education  
Small Business Management  
Social Media Marketing  
Sociology  
Substance Abuse Counseling  
Surgical Technology  
Surveying  
Theatre Arts  
Undecided/Exploring  
Web Technology  
Welding and Fabrication  
Wildlife Biology



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## HEALTH CARE

### Basic Life Support for Health Care Providers

The American Heart Association's Basic Life Support course reflects new science from the 2020 AHA Guidelines Update for CPR and Emergency Cardiovascular Care. This video-based, instructor-led course teaches single-rescuer and team basic life support skills for application in both in-facility and pre-hospital settings.

**Racheal Vargas** 1 session  
**Tue Sep 24** 1-4pm \$64  
**Thu Oct 24** 10am-1pm \$64

### Heartsaver Total (CPR, AED & First Aid)

This course from the American Heart Association is designed for anyone with little or no medical training and wants to prepare to act in an emergency at work or home. Learn CPR skills for adults, children and infants. Receive a completion card after finishing the first aid and/or CPR training.

**Racheal Vargas** 1 session  
**Wed Oct 9** 9am-2pm \$79  
**Thu Nov 7** 9am-2pm \$79

### Stop the Bleed®

Learn how to Stop The Bleed, apply a basic wound dressing, pack a deep laceration, apply a chest seal, apply a tourniquet and a basic injury assessment. Stop the Bleed encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Includes certification.

**Racheal Vargas** 1 session  
**Thu Oct 10** 1:30-2:45pm \$34  
**Thu Nov 7** 2-3:15pm \$34

### Family & Friends CPR

Learn to perform CPR and save lives. This class is designed for family members, grandparents or anyone wishing to learn the basics of CPR and choking hazard/danger/skills, or have a quick refresher. Taught by Certified American Heart Association instructor.

**Racheal Vargas** 1 session  
**Thu Oct 10** 10am-1pm \$39  
**Thu Dec 12** 10am-1pm \$39

### Basic Wilderness First Aid for Women

Learn to understand and avoid wilderness hazards and provide emergency care in the wilderness. Students wishing certification from NASAR can make arrangements at the end of the program. Additional \$30 fee required for certification.

**Racheal Vargas** 1 session  
**Sat Nov 16** 9am-5:30pm \$94



### Certified Clinical Medical Assistant (CCMA Noncredit)

If you are currently employed in health care, advance your clinical skills and knowledge to prepare for the Certified Clinical Medical Assistant (CCMA) exam through the National Healthcareer Association (NHA). The self-paced online curriculum includes up to 20 hours of live remote coaching and support. Students have up to 12 months to complete the program, but may complete it in as few as 6 months as long as the participating employer provides appropriate skills labs training. All hands-on training and simulations required by the employer are to be provided by the employer on site.

For more information, contact Hannah Kimmel, Program Director at 406.752.4582 or hkimmel@fvcc.edu.

## HISTORY, LANGUAGE & GLOBAL AFFAIRS

### The Irish in America: People & Place

American history is filled with immigration, and few peoples have had as great an impact on American history and culture as the Irish. Join us as we explore the Irish in America- why they came, the reactions to their arrival, how they lived, and the contributions they made. From one end of the country to the other, we'll meet workers, activists, entertainers, politicians and presidents- all blending their inherited culture into something uniquely American.

**Jon Hatch** 6 sessions  
**Tue Oct 15-Nov 19** 6:30-8pm \$79

### Becoming Montana: A History of the People Who Built Montana

Long after people from western Asia settled the North American continent, settlers from east of the Mississippi River sought to escape war, constricted lives, and economic hardship to build new lives in the freedom of the west. Somehow, amid all the contending interests and turmoil of the Civil War, Montana came to be.

**Carol Buchanan** 8 sessions  
**Thu Sep 12-Oct 31** 7-8:30pm \$89

### Chinese Global Strategy & What it Means for America

NEW

Chinese President Xi Jinping insists China simply wants a stable, prosperous multipolar world where countries follow their own path, free from outside interference and western ideas about universal democratic and human rights. In practice, does this boil down to a bid by the Chinese Communist Party to replace American global leadership with its own and upend the post-1945 international rules-based order? Explore this question and other issues related to the rise of China.

**Peter Strasser** 3 sessions  
**Thu Oct 3-17** 6:30-8:30pm \$54

### The Wonder of Haifa

NEW

Explore the wonder of Haifa, Israel by examining the city's diverse makeup. Renowned institutions of higher education, world-class gardens and a nearby crusader castle are just some of the reasons Haifa is a cultural hub of Israel. Take a dynamic tour of Haifa without leaving the Flathead as food samples, multimedia presentations and more bring this amazing city to life.

**Dawn Olin** 3 sessions  
**Thu Oct 10-24** 6-8pm \$69

### Spanish for Beginners

This class is meant for learners with little to no Spanish experience or for learners who might be traveling in the near future and would like some basic phrases. There is flexibility and differentiation for students who already have some Spanish skills they would like to build upon.

**Heidi Keaster-Blaize** 6 sessions  
**Thu Sep 12-Oct 17** 5:45-7:15pm \$74



### American Sign Language

Explore the world of speaking with your hands in this introduction to American Sign Language. The course includes receptive and expressive fingerspelling, sign vocabulary, ASL structure, conversational behavior and various aspects of the Deaf culture. A textbook is required (by the second class), Talking With Your Hands, Listening With Your Eyes, by Gabriel Grayson. OPI Renewal Units available.

**Katie Halling** 12 sessions  
**Tue Sep 17-Dec 3** 1-3pm \$154  
**Tue Sep 17-Dec 3** 6:30-8:30pm \$154

## Japanese Language & Culture for Advanced Beginners

Become more fluent with Japanese vocabulary and expressions through writing, reading, listening and speaking exercises. Explore Japanese culture, customs and situations and sample some Japanese food. Last class will include a cultural activity to create traditional art and cuisine. Recommended book, "Nihongo Fun & Easy," is available through Amazon. Prerequisite: some experience of previous studies or the ability to read the Japanese Alphabet Hiragana and Katakana.

**Yoshimi Yamamoto-Derks** 6 sessions  
**Mon Sep 23-Oct 28** 6-8pm \$114

## INDUSTRIAL ARTS & TRADES



### Women in Welding

This course provides a non-threatening environment for women to learn to weld and about opportunities in the profession. Designed specifically for women and taught by a woman welding instructor, learn about safety, equipment and the various types of welding common in the industry. Welding helmet, welding jacket, gloves, and all the tools needed to be successful in the class are provided.

**Julie Arnold** 2 sessions  
**Sat Oct 5-12** 8am-2pm \$199

### Basic Chainsaw Maintenance **NEW**

Learn the basics of how to maintain a chainsaw. Explore the main components of a chainsaw, compare different size classes, battery vs. gasoline, and how to keep it running in good condition.

**Nick Merriman** 1 session  
**Sat Oct 5** 8:30am-12:30pm \$59

## INDUSTRY TRAINING & CERTIFICATIONS

### Introduction to Basketball Officiating

Learn the basics of basketball officiating to confidently officiate middle school basketball and prepare to become a Montana Officials Association (MOA) official. Get great exercise and make considerable money while supporting important activities of our community's youth. Taught by three veteran officials of the Flathead Valley Basketball Officials Association and MOA, and includes three classroom sessions and three on-court sessions officiating intramural scrimmages at FVCC.

**Flathead Valley Basketball Officials Association**  
 6 sessions  
**Wed Sep 11-Oct 16** 6-7:30pm \$25

### SHRM Certification Preparation Course

This seminar presents a comprehensive and detailed review of the current SHRM Body of Competency & Knowledge™ (SHRM BoCK™). While these sessions should not be your only preparation for certification, they are a valuable component to help focus your study efforts and maximize your results. The SHRM Learning System is not included.

**Cindy Carpenter, FV-Chapter SHRM**  
 3 sessions  
**Wed-Fri Nov 13-15** 8:30am-4:30pm \$200

### ServSafe® Food Safety for Managers Training & Certification Program

Learn what you need to know to pass the ServSafe Food Protection Manager Certification. The exam is part of the session.

**Flathead City-County Health Dept Staff**  
 1 session  
**Thu Sep 5** 8:30am-5pm \$95  
**Thu Oct 17** 8:30am-5pm \$95  
**Thu Nov 21** 8:30am-5pm \$95  
**Tue Jan 7 (2025)** 8:30am-5pm \$95

Thank you to McDonald's and the Flathead City-County Health Department for their sponsorship to keep the cost of this course low.



### ServSafe® Food Safety Exam Proctoring

Visit [fvcc.edu/testingcenter](http://fvcc.edu/testingcenter) to schedule an appointment to take the exam. Questions? Email [proctor@fvcc.edu](mailto:proctor@fvcc.edu).

**Private Pilot Ground Course** - see page 2.

**BLS for Healthcare Providers** - see page 10.

## LEADERSHIP

### BUSINESS EFFICIENCY & QUALITY

Lean Six Sigma (LSS) is a team-focused managerial approach that seeks to improve performance by eliminating the waste of physical resources, time, effort and talent while assuring quality in production and organizational processes. It combines Six Sigma methods and tools with the Lean Manufacturing/Lean Enterprise philosophy. This LSS series equips you with LSS methodologies or certifications to benefit any organization.

### Lean Six Sigma Series Overview **NEW** (Zoom ONLY)

Learn the true value of the various Lean Six Sigma (LSS) certifications, what it takes to obtain them and how you and your organization can benefit from these learnings. Explore White Belt, Yellow Belt, Green Belt and Black Belt course offerings.

**Jennifer Gardner** 1 session  
**Fri Sep 27** 11am-12pm Free

### Lean Kaizen Certification **NEW**

Learn the basic tools of Lean Kaizen or Rapid Improvement Event (RIE) methodologies in this 1-day course led by a certified Lean Six Sigma Black Belt (LSSBB). Learn how to implement a successful Lean Kaizen culture for any organization. Gain basic proficiency in value stream mapping, task prioritization, checkpoints and more.

**Jennifer Gardner** 1 session  
**Fri Oct 11** 12-4pm \$150

### Lean Six Sigma Executive **NEW** White Belt Certification

Learn the basic tools of Lean Six Sigma (LSS) methodologies in this 1-day course led by a certified Lean Six Sigma Black Belt (LSSBB). Learn how to champion or sponsor Lean or Six Sigma projects for any organization. Gain basic proficiency in quality management, process improvement techniques, identifying waste and inefficiencies within processes, data collection, data analysis and more.

**Jennifer Gardner** 1 session  
**Fri Oct 25** 12-4pm \$150

**Jennifer Gardner** is a certified Lean Six Sigma Black Belt with over 15 years of experience administering Lean and/or Six Sigma projects across the industries such as consulting, technology, and healthcare. Graduating from the University of Texas with a MS in Industrial Management Technology and from the University of Texas Health with an MS in Biomedical Informatics, she has worked at Microsoft for the last 2 years as the Senior Director of Tech Consulting.

Register online today!

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# JUMP START for Supervisors and Managers

"A leader's job is not to do the work for others; it's to help others figure out how to do it themselves, to get things done and to succeed beyond what they thought possible." - Simon Sinek

Sep 24-Nov 4 (Mon, Tue & Thur - see dates below) | 10am-12pm | \$299  
 Instructor: Allison McCarthy

**Transition to Supervising** **Tue Sep 24**  
 Lay the groundwork for supervisory success by exploring different management styles, setting appropriate expectations and learning four habits that make a great boss.

**Communication Tools** **Tue Oct 1**  
 Learn how processing styles impact communication, practice listening and asking questions effectively, and understand the keys to talking like a performance coach.

**Keys to Conflict Management** **Tue Oct 8**  
 Discuss key elements of conflict resolution and consider multiple techniques for guiding contentious situations to positive outcomes.

**A Culture of Accountability** **Tue Oct 15**  
 Lead with accountability to clarify goals, establish expectations, build confidence and achieve your desired results.

**Performance Coaching** **Tue Oct 22**  
 Provide faster and more positive feedback to enhance employee skills and help them meet performance goals while finding their work rewarding.

**Time Management** **Thu Oct 24**  
 Focus on strategies to maximize your work time to feel productive and reduce stress including the art of delegation and recognizing time drains.

**Taking Charge of Change** **Tue Oct 29**  
 By understanding typical human reactions to change, reduce misunderstandings and anxiety, help employees accept changes more quickly and minimize decreased productivity.

**Creating Strong Teams** **Thu Oct 31**  
 Focus on steps that help the members of your team connect with each other and work more productively together.

**Developing a Leadership Mindset** **Mon Nov 4**  
 Broaden your perspective on how to create strategy, keep yourself sharp and visualize a profitable future for your organization.

Allison McCarthy brings a powerful combination of high energy and practical tools with overwhelmingly rave reviews, both through her business and as an instructor for the FVCC Continuing Education Center. Allison began her career working for several large corporations in a variety of leadership positions. Since 1995, she has been running her own management and computer training business, having effectively instructed thousands of people on technical computer, interpersonal and management skills.

**Enhancing Performance & Accountability** **NEW**  
 Performance feedback that is well-documented and helpful is crucial to motivating employees and ensuring workplace effectiveness. The course will share approaches and tools for promoting organizational and individual responsibility and accountability. You will learn how to implement cultural changes that support individual and organizational success.  
**Gerri King** **1 session**  
**Tue Sep 17** **9am-12pm** **\$49**

**Successful Organizational Strategic Planning** **NEW**  
 The use of a "living and breathing" strategic plan is key to guiding decision-making and improving day-to-day operations. This course will explain how, when executed correctly, strategic planning leads to a common direction and an exciting future. You will learn the process of creating a realistic and practical strategic plan for your organization that guides project initiation, measures progress, communicates and celebrates results.  
**Gerri King** **1 session**  
**Thu Sep 19** **9am-12pm** **\$49**

**Build a High-Trust Culture**  
 Culture is the bedrock of any organization, and trust is the ingredient that puts people first, aligns them with your mission, and produces exceptional results. Keep your best people with a safe, supportive and welcoming culture. Discover the "secret sauce" that characterizes the culture of the best places to work. See how your organization can build a trusting "I've got your back" culture that stresses growth, learning and well-being.  
**Phil Quigley** **1 session**  
**Wed Oct 23** **9-11am** **\$35**

**Conflict Resolution Through Effective Communication, Creating a Blame-Free & Gossip-Free Environment and Effective Decision-Making & Problem-Solving** - see page 4.

**Interested in a Skilled Meeting Facilitator?**  
 Invite a skilled facilitator to help prepare and guide your retreat agenda for strategic planning, to address a difficult discussion topic, or to brainstorm innovative change. A facilitator objectively oversees the schedule, neutrally raises important questions and fosters participation by all team members. Facilitation includes three hours of meeting time to develop an agenda, prepare for the meeting and write a meeting summary. 3 hours: \$500 Additional time invoiced at \$100/hour facilitation time, \$50/hr preparation time.

## MARKETING

**Pricing and Marketing Your Art & Handmade Products**  
 If you are an artist, chef, baker, craftsperson or create products to sell, this workshop is for you. Learn to develop a pricing formula unique to your business. Calculate costs by product type and determine profit margins and competitive pricing. Learn how to identify your audience and develop your brand to reach your target customer. Understand a typical marketing cycle to draw attention to your products and increase sales. Create specific marketing messages and learn how and when to use them.  
**Jan Shanahan** **1 session**  
**Sat Oct 19** **10am-2pm** **\$65**

**Use AI to Build & Market Your Business (Zoom Only)**  
 The era of artificial intelligence (AI) is here and more than a little intimidating. Demystify this new technology and learn practical ways to use AI to your business advantage. Explore various generative AI tools; discuss best practices and pitfalls to beware of; and then roll up your sleeves and use AI to create usable content and images for nearly anything your business needs.  
**Benj Burke** **1 session**  
**Wed Oct 9** **6-8pm** **\$36**

**Register online today!**  
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**WordPress and Advanced WordPress** - see page 5.

**Start & Grow Your YouTube Channel** - see page 4.

## MUSIC

### History of Rock & Roll

Explore the history of rock music and prominent musicians of each era in conjunction with sociological, economic and cultural factors that shaped the different styles of rock music.

**Misty Koyuncu** 8 sessions  
Tue Sep 17-Nov 5 6-8pm \$114

### Beginning Ukulele: Chords

Learn to play fun songs using chords, strums and music theory. Bring your own ukulele. For ages 16 and up.

**Dee Fleming** 6 sessions  
Mon Sep 16-Oct 21 6:30-8pm \$84

### Beginning Ukulele: Note Reading

During this course learn simple note reading and playing; simple chords and strums on the ukulele, using fun songs. Learning materials provided.

**Dee Fleming** 6 sessions  
Mon Oct 28-Dec 2 6:30-8pm \$84

### Beginning Guitar: Basic Chords

Learn basic chords, various types of strums, music theory and proper playing position on the guitar using fun, familiar melodies. Provide your own guitar.

**Dee Fleming** 6 sessions  
Tue Sep 10-Oct 15 6:30-8pm \$84

### Beginning Guitar: Basic Note Reading

During this class learn simple note reading and playing in addition to chords and strums. Provide your own guitar.

**Dee Fleming** 6 sessions  
Tue Oct 22-Nov 26 6:30-8pm \$84

### Beginning Guitar II: Chords

Learn more advanced chords, various types of strums and music theory. You must be able to play seven chords to attend this class. Bring your own guitar.

**Dee Fleming** 6 sessions  
Wed Sep 11-Oct 16 6:30-8pm \$84

### Beginning Guitar II: Note Reading

During this class, learn how to play fun melodies, more advanced chords, various strums and music theory.

**Dee Fleming** 6 sessions  
Wed Oct 23-Nov 27 6:30-8pm \$84



### Intermediate Guitar

Learn intermediate chords, strums, riffs, finger picking techniques, scales, and music theory. Provide your own guitar.

**Dee Fleming** 6 sessions  
Thu Oct 17-Nov 21 6:30-8pm \$84

### Private/Individualized Music instruction

Learn from professional instructors as you build your skills and confidence to prepare for college-level music programs, ensembles and orchestras. Musicians of all ages and levels develop their technique and talent in violin and cello during individual arranged music instruction. Thirty-minutes of private instruction for 14 weeks (9/9-12/13); date and time arranged with the instructor. For information on pricing and scheduling, call 406-756-3832 or visit [fvcc.edu/continuing-education](http://fvcc.edu/continuing-education).

## NONPROFIT DEVELOPMENT

### Plan & Implement a Successful Year-End Giving Season

Intended for nonprofits, leave this in-depth workshop with actionable year-end plans, reviewed year-end appeal letters, and best practices to implement for a successful year-end giving season.

**Chany Ockert** 2 sessions  
Mon/Tue Sep 30 & Oct 1 5-6:30pm \$49

### Writing Effective Grant Proposals (Online Course)

Learn to prepare grant proposals that get solid results for your favorite organization or charity.

**6 weeks/24 hours/\$135 online course - register at [ed2go.com/fvccce](http://ed2go.com/fvccce)**

### Advanced Grant Proposal Writing (Online Course)

Gain a full understanding of the criteria funders use to determine whether your grant proposal gets funded or rejected.

**6 weeks/24 hours/\$135 online course - register at [ed2go.com/fvccce](http://ed2go.com/fvccce)**

## PERSONAL ENRICHMENT

### Basics of Estate Planning: From Simple Wills to Complicated Trusts NEW

Learn the basics of wills, trusts and power of attorney, and how these tools are used for estate planning. Understand the differences between wills and trusts, why the power of attorney is the most important document to complete, and examine the biggest mistakes people make when preparing their estate plan and how to avoid them.

**Johanna Pickel** 3 sessions  
Tue Sep 10-24 5:30-6:30pm \$34

### Understanding Your Homeowners & Auto Insurance Policies NEW

Very few of us have any idea what insurance coverage we have, let alone what coverages we may want. Learn how to read and understand your policy's "Declarations Page," insuring clauses, conditions and exclusions from coverage, and walk away confident knowing what your insurance premiums are actually paying for.

**Randy Bishop** 3 sessions  
Tue Oct 15-29 6:30-8pm \$39

### Anatomy of a Federal Corruption Investigation NEW

How does the US Department of Justice and FBI investigate, put together and successfully prosecute an allegedly corrupt, high-ranking government official? A former federal prosecutor will illustrate this process through the case example of former Louisiana governor Edwin W. Edwards, who was convicted after a five-month-long jury trial of racketeering, extortion and bribery. Discuss the role of informants, wiretaps, grand jury, accomplice cooperation, net worth analysis, pre-trial maneuvering and the vicissitudes of jury trial.

**Peter Strasser** 1 session  
Thu Sep 26 6:30-8:30pm \$29

### Introduction to Comedy Improv

Learn the basic skills of comedy improvisation and banish nervousness. Develop your ability to be present in the moment, react sincerely, and build competence in your conversations. Final presentation on 11/8.

**Jack Andenoro** 8 sessions  
Mon Sep 23-Nov 4 6:30-8:30pm \$99

### Unleashing Your Creativity

This highly experiential, scientifically based seminar will assist you to discover and develop your creative gifts through movement, art, music, writing and interpersonal relationships. Facilitated by an award winning biologist.

**Carla Hannaford** 4 sessions  
Tue Oct 1-22 5-7pm \$69

## PHOTOGRAPHY & PHOTO EDITING

### Digital Cameras: Get Off Auto

Understand what your different camera settings do and when to use them. Bring your own digital camera with your instruction CD or manual, charged battery and memory card.

**Marita Combs** 1 session  
**Thu Sep 26** 1-5pm \$65  
**Thu Nov 7** 1-5pm \$65



### Resizing Images for Print & Web

Learn how to print high-quality pieces, optimize images for the web, and a few technical basics to save time and get the best result when using Photoshop, Lightroom, Photoshop Elements or WordPress. Recommended prerequisite for WordPress - Easy Website Design.

**Marita Combs** 1 session  
**Mon Sep 30** 6-7:30pm \$39

### Adobe Photoshop Elements

Photoshop Elements is a great tool for users on a budget or professionals who don't have complex editing demands. Learn basic tools to enhance and manipulate photos. Course is taught on the Creative Cloud (CC) subscription-based online version, but content is applicable with versions 12-14. Campus computer and images provided.

**Marita Combs** 1 session  
**Fri Oct 18** 1-5pm \$65

### Adobe LightRoom

Learn how to import pictures into Adobe Lightroom and Adobe Lightroom Classic, and how these products help you organize, edit, print, post and share your photos. Basic knowledge of a camera including how to export your photos is required. Please bring some of your photos on a USB drive or SD card, or bring your camera and a USB cable.

**Shannon Hanson** 2 sessions  
**Thu Dec 5-12** 6-8pm \$70

## PROJECT MANAGEMENT

"This isn't what I expected!" While traditional project management training covers essential processes, it may not address the challenges organizations face today. With the Process Alchemist, discover how to apply practical team management strategies that thrive in challenging environments with limited support or structure.

### Real-World Team Management Strategy, Start-to-Finish

Project Management and Team Management go hand-in-hand. This course will send you home with a strategy you can implement to manage your team and projects with the right people, processes, and tools. Topics include: the challenge with managing projects and teams, project tracking and iterative reviews, hybrid processes and how they work, project intake forms, managing risks, project prioritization, handing off deliverables, simple ways to plan your projects, knowledge sharing and close-out and capacity planning.

**Ashleigh Clark** 1 session  
**Tue Oct 8** 1-5pm \$150

### Capacity Planning (aka Avoid Burnout)

Set your team up for success by tracking team member assignments and planning headcount. Topics include: why a PM should be involved, managing availability, the downfall of not having a strategy, timesheets, how to assign your team, making allocation adjustments, how to use placeholders, planning future headcount and setting utilization.

**Ashleigh Clark** 1 session  
**Tue Nov 12** 1:30-3:30pm \$94

### Prioritization Strategies (Zoom Only)

Learn how to create a strategy to prioritize projects for your team. Topics include: prioritization conflicts, steps to build your strategy, why we need a strategy, using your guidelines and urgent vs important.

**Ashleigh Clark** 1 session  
**Tue Nov 19** 1:30-2:30pm \$60

**Ashleigh Clark**, Owner of the Process Alchemist, is a Certified PMP, Coach, Trainer, and Consultant with 18 years of experience specializing in Project Management, Demand Management and Career Success. She is passionate about streamlining team efforts, amplifying productivity and ensuring goals are met.

## SCIENCE & TECHNOLOGY



### Crime Scene Investigation: Myth vs Fact (Zoom Only)

Enjoy CSI shows and mysteries? Learn about crimes and other forensic evidence from a Forensic Scientist and Examiner with over 35 years of experience from King County Sheriff's Office (Seattle, WA) as you work through several real crime scenes, including homicides and robberies. Class is interactive with hands-on evidence exercises. PLEASE NOTE: This class includes some graphic content. Participants must be at least 18 years old.

**Lynne Dean** 1 session  
**Sat Sep 21** 9am-12pm \$34

### Montana Skies in October

Learn about moon phases, solar/lunar eclipse, comets, meteors, telescopes, satellites, planets, constellations and the International Space Station including a simple explanation of Einstein's Relativity Theory.

**Don Bumgarner** 4 sessions  
**Tue Oct 1-22** 7-9pm \$69



**Interested in training for your work team? Let's talk.**

Call Jodi at 406.756.3833 or email [jsmith@fvcc.edu](mailto:jsmith@fvcc.edu).



**VETERANS UPWARD BOUND**

Veterans Upward Bound is a Department of Education program designed to help military veterans refresh their academic skills to successfully complete postsecondary education. Classes can also help veterans who seek to build personal skills. Services and classes are free to eligible veterans.

**Intro to Computers**

Gain a comprehensive understanding of the Windows 10 operating system and Microsoft Office 365 including word processing, spreadsheets and presentation programs. Learn how to store data, manage files and folders and effectively use the internet. Build your keyboarding skills, increase your knowledge in formatting and learn how to set up simple reports.

**Amelia Ward** 6 sessions  
Tue/Thu Oct 29-Nov 14 3-5pm Free

**Intro to College Math & Algebra**

Review basic math skills and receive an introduction to algebraic concepts. Learn mathematical symbols and vocabulary and how to use a graphing calculator. Using an online homework platform, apply these tools to functions and graphing concepts that are critical to success in college-level math classes.

**Alan Styles** 8 sessions  
Mon/Wed Oct 28-Nov 20 3-5pm Free

**Intro to College Writing & Grammar Review**

Learn the rules of English grammar, sentence structure and mechanics. Become familiar with the steps in the writing process and move through writing effective paragraphs. Learn citation techniques for research papers and begin a research paper process.

**Kathy Dunnehoff** 6 sessions  
Tue/Thu Oct 29-Nov 14 5-7pm Free

For more information or to register, please contact the Center for Veterans Education and Training Services at 877.356.8387(VETS) or visit [vubmt.com](http://vubmt.com). Free tuition scholarships for many additional non-credit classes are available for first time participants.

**WRITING****Advanced Creative Writing Workshop**

For writers who have taken Explore Creative Writing or have had workshop experience, let's dig into your opening chapters. With feedback and revision guidance, take your writing to the next level.

**Kathy Dunnehoff** 6 sessions  
Tue Sep 10-Oct 15 11am-1pm \$99

**The Trailhead: The Craft of Nature Writing**

Writing is a fun and meaningful way to deepen your connection to the natural world. This introductory course is a survey of contemporary nature writing designed to teach ways to turn interactions with nature into powerful stories. We'll read different types of nature writing and then workshop our own essays. Writers of all backgrounds and experience are welcome.

**Maggie Doherty** 8 sessions  
Thu Oct 3-Nov 21 11am-1pm \$114

**The Art of Personal Essay**

In this workshop, we'll explore the art and craft of the personal essay. The essence of the personal essay is what you think about—on any topic from the ridiculous to the sublime—filtered through the lens of your personal experience. You'll learn techniques for crafting personal essays, imbued with your unique voice and observations.

**Maggie Doherty** 5 sessions  
Tue Oct 8-Nov 5 12-2pm \$84

**Grammar Refresher**

Often when we write, we know what sounds and looks right without understanding why. Take this course and remember the "why" of grammar. Leave with practical and easy to remember rules for checking and correcting sentences, verb agreement, commas, colons and semicolons.

**Kathy Dunnehoff** 1 session  
Wed Oct 9 5:30-6:30pm \$30

**Professional Writing:****An Easy System for Success**

Whether you're writing emails, reports, social media posts, or grants, there are easy ways to up your game. Learn ten ways to make your writing professional and effective.

**Kathy Dunnehoff** 1 session  
Wed Oct 16 5:30-6:30pm \$30

**Plan Your Best Writing Year Ever!** NEW

Writers need a concrete plan to get their creative work done. Learn four do-able steps to map out your writing year (and stick to it). Any writer can Choose What Matters, Learn How You Write, Be Realistic About Your Year, and Evaluate & Adjust.

**Kathy Dunnehoff** 5 sessions  
Tue Oct 22-Nov 19 11am-1pm \$94

**Scrivener Writing Software**

Scrivener is a versatile writing software that goes beyond basic word processing, allowing you to organize your work, manage research notes, and output your writing in various formats. It's available for Mac, Windows, and iPad, and it syncs with Android devices. A free 14 day trial is available through the publisher Literature and Latte. Students can install this to coincide with the class so you can practice at home between sessions.

**Shannon Hanson** 4 sessions  
Thu Oct 24-Nov 14 5:30-7:30pm \$120

**The Novel Challenge (Zoom Option)**

Celebrate National Novel Writing month with fellow writers and work on your novel every day for 30 days. The weekly classes discuss the craft of writing and the challenges of keeping the words flowing. Spend the last class celebrating and looking ahead to revising.

**Kathy Dunnehoff** 5 sessions  
Mon Oct 28-Nov 25 5:30-7:30pm \$84

**YOUTH****Safe Sitter Essentials with CPR (Grades 5-8)**

Learn the essentials required to be a safe and successful sitter. This one-day training workshop designed to prepare students to safely watch younger siblings or babysit covers a number of safety issues including how to handle emergencies, choking safety, first aid and CPR, as well as basic child development and behavior management. Bring a lunch.

**Racheal Vargas** 1 session  
Thu Oct 17 9am-3:30pm \$79

**Youth String Ensemble**

Experience pre-professional training with other young musicians through the performance of selected pieces. At least one year of experience and the ability to sight read is required. Violin, viola, cello, and bass players welcome. Bring your own instrument.

**Leo Chen** 14 sessions  
Tue Sep 10-Dec 10 4-4:45pm \$134

Register online today! [fvcc.edu/ContinuingEducation](http://fvcc.edu/ContinuingEducation)



# RUNNING START

Running Start offers eligible high school juniors and seniors an affordable way to advance their college education while still in high school. The first six credits are tuition-free for Montana students. Subsequent credits are offered at 50% off in-district tuition costs.

## 2022-23 Academic Year

**1,100+**  
High School  
Students

**7,700+**  
Total  
Credits

Over  
**\$1.3M**  
Total Tuition  
Savings

Running Start is offered in high schools in Flathead County and Lincoln County as well as in other high schools in the state.



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Wachholz  
College Center

On the campus of Flathead Valley Community College

# '24-'25 SEASON PREVIEW

SEPTEMBER  
**04**  
7:30PM

**DON MCLEAN**  
A NIGHT OF HITS AND STORIES  
STARRY STARRY NIGHT TOUR

SEPTEMBER  
**12**  
7:30PM

**AN EVENING WITH SAWYER BROWN**

SEPTEMBER  
**22**  
3:00PM

**SARAH CHANG**  
Violin

**SONYA OVRUTSKY FENSOME**  
Piano

OCTOBER  
**05**  
7:30PM

**HOME FREE**  
CRAZYER! LIVE TOUR

OCTOBER  
**06**  
7:00PM

**BLACK VIOLIN**  
BV20  
THEN & NOW TOUR

OCTOBER  
**18**  
7:30PM

**CLASSIC ALBUMS LIVE**  
THE RISE AND FALL OF ZIGGY STARDUST AND THE SPIDERS FROM MARS  
DAVID BOWIE

OCTOBER  
**24**  
7:30PM

**GAELIC STORM**  
CELTIC MUSIC JUGGERNAUT

OCTOBER  
**27**  
7:30PM

**BRAD TURSI**  
PARALLEL LOVE TOUR

OCTOBER  
**29**  
7:30PM

**THE FRONTMEN**  
Country Music's Hottest Super Group  
RICHELLE MCDONALD (formerly of Lonestar)  
LARRY STEWART (of Restless Heart)  
TIM RUSHLOW (formerly of Little Texas)

NOVEMBER  
**20**  
7:30PM

**MANNHEIM STEAMROLLER**  
*Christmas*  
by Chappie Davis

DECEMBER  
**05**  
7:00PM

**RUDOLPH THE RED NOSED REINDEER**  
THE MUSICAL

DECEMBER  
**11**  
7:00PM

**VOCTAVE**  
IT FEELS LIKE CHRISTMAS

FEBRUARY  
**11**  
7:30PM

**INTERNATIONAL GUITAR NIGHT**  
TWENTY FIFTH ANNIVERSARY

FEBRUARY  
**12**  
7:30PM

**SPAMILTON**  
AN AMERICAN PARODY

MARCH  
**07**  
7:30PM

**YONDER MOUNTAIN STRING BAND**

MARCH  
**08**  
7:30PM

**R.E.S.P.E.C.T.**  
A CELEBRATION OF THE MUSIC OF ARETHA FRANKLIN

MARCH  
**19**  
6:30PM

**DRAGONS & MYTHICAL BEASTS**

MARCH  
**25**  
7:00PM

**STEP AFRIKA!**

APRIL  
**06**  
7:00PM

**NETFLIX OUR PLANET**  
LIVE

APRIL  
**25**  
7:30PM

**DAWES**  
OH BROTHER TOUR

MAY  
**14**  
7:30PM

**CHAMPIONS OF MAGIC**

**MUCH MORE STILL TO COME!  
NEW SHOWS ARE ALWAYS BEING ADDED.  
CHECK BACK HERE FOR THE MOST UP-TO-DATE SCHEDULE**



**Flathead Valley Community College**  
Continuing Education

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**FLATHEAD VALLEY COMMUNITY COLLEGE**  
**17TH ANNUAL FESTIVAL OF FLAVORS**  
IN PARTNERSHIP WITH SUMMIT BEVERAGE



**17th Annual Festival of Flavors**  
**September 13-28**

Join us in celebrating "The Crush" - that moment when the grape harvest comes to a close and the juices are extracted. We are offering a variety of ways for you to experience "The Crush" and **support student scholarships** this year.

Friday, September 13 | 6pm  
**Festival of Flavors Homecoming, I.A. O'Shaughnessy Amphitheater at Wachholz College Center**

Friday, September 20 | 6pm  
**Rhône River Wine Dinner by Chef Andy Blanton on Echo Lake**

Monday, September 23 | 6pm  
**Paired Wine Dinner at Freestone Restaurant in Kalispell**

Wednesday, September 25 | 6pm  
**Paired Wine Dinner by Chef Andy Blanton at the Historic Somers Mansion**

Saturday, September 28 | 6pm  
**Grand Wine Tasting and Live Auction at Wachholz College Center**

September 13-28  
**Online Auction**



For event details and tickets, visit  
**fvcc.edu/foundation**  
**406.756.3632**

**ALL PROCEEDS BENEFIT STUDENT SCHOLARSHIPS**

